



Independence Central Office

Scheduled Menu Plans

6060 William Southern Elementary School

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-8

Date: 6/3/2019

Feeding Figure: 45

Base Menu Plan: 4,719 SMR 2019 K-8 SNACK W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	57
	Nutrient	Value	Units	Nutrient
	Food Energy	90.0000	kcal	Carbohydrate
				16.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-8

Date: 6/4/2019

Feeding Figure: 60

Base Menu Plan: 4,720 SMR 2019 K-8 SNACK W1D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	57
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				14.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-8

Date: 6/5/2019

Feeding Figure: 60

Base Menu Plan: 4,721 SMR 2019 K-8 SNACK W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1461	PRETZELS HEARTS	1	BAG (1)	57
	Nutrient	Value	Units	Nutrient
	Food Energy	80.0000	kcal	Carbohydrate
				16.0000 g

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	24.9999	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/6/2019 **Feeding Figure:** 60
Base Menu Plan: 4,722 SMR 2019 K-8 SNACK W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	57
Nutrient		Value	Units	
	Food Energy	120.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	21.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	24.9999	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/7/2019 **Feeding Figure:** 60
Base Menu Plan: 4,723 SMR 2019 K-8 SNACK W1D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1446	CHEX SIMPLY STRAW WG	1	BAG (1)	57
Nutrient		Value	Units	
	Food Energy	120.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	12.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/10/2019 **Feeding Figure:** 60
Base Menu Plan: 4,719 SMR 2019 K-8 SNACK W1D1
Menu Comments:

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Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1387	GRAHAMS ORIGINAL	1	PKG (1)	57			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	90.0000	kcal	Carbohydrate	16.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/11/2019 **Feeding Figure:** 60
Base Menu Plan: 4,720 SMR 2019 K-8 SNACK W1D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	57			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/12/2019 **Feeding Figure:** 60
Base Menu Plan: 4,721 SMR 2019 K-8 SNACK W1D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1461	PRETZELS HEARTS	1	BAG (1)	57			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	80.0000	kcal	Carbohydrate	16.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g	

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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		129.9999	kcal	Carbohydrate		24.9999	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/13/2019 **Feeding Figure:** 60
Base Menu Plan: 4,722 SMR 2019 K-8 SNACK W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	57			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		120.0000	kcal	Carbohydrate		21.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		100.0000	kcal	Carbohydrate		12.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		129.9999	kcal	Carbohydrate		24.9999	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/14/2019 **Feeding Figure:** 60
Base Menu Plan: 4,723 SMR 2019 K-8 SNACK W1D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1446	CHEX SIMPLY STRAW WG	1	BAG (1)	57			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		120.0000	kcal	Carbohydrate		23.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		129.9999	kcal	Carbohydrate		24.9999	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		100.0000	kcal	Carbohydrate		12.0000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/17/2019 **Feeding Figure:** 57
Base Menu Plan: 4,719 SMR 2019 K-8 SNACK W1D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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1387	GRAHAMS ORIGINAL	1	PKG (1)	57			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	90.0000	kcal		Carbohydrate	16.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	129.9999	kcal		Carbohydrate	24.9999	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal		Carbohydrate	12.0000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/18/2019 **Feeding Figure:** 57
Base Menu Plan: 4,720 SMR 2019 K-8 SNACK W1D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	57			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal		Carbohydrate	14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	129.9999	kcal		Carbohydrate	24.9999	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal		Carbohydrate	12.0000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/19/2019 **Feeding Figure:** 57
Base Menu Plan: 4,721 SMR 2019 K-8 SNACK W1D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1461	PRETZELS HEARTS	1	BAG (1)	57			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	80.0000	kcal		Carbohydrate	16.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal		Carbohydrate	12.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	129.9999	kcal		Carbohydrate	24.9999	g

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Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 6/20/2019
Base Menu Plan: 4,722 SMR 2019 K-8 SNACK W1D4
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-8
Feeding Figure: 57

Stock Number	Description	Serving Size	Measure	Projected Quantity												
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	57												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>120.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	120.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>21.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	21.0000	g	
Nutrient	Value	Units														
Food Energy	120.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	21.0000	g														
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29												
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Nutrient	Value	Units														
Food Energy	100.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	12.0000	g														
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29												
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Nutrient	Value	Units														
Food Energy	129.9999	kcal														
Nutrient	Value	Units														
Carbohydrate	24.9999	g														

Serving Period: Snack
Date: 6/21/2019
Base Menu Plan: 4,723 SMR 2019 K-8 SNACK W1D5
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-8
Feeding Figure: 57

Stock Number	Description	Serving Size	Measure	Projected Quantity												
1446	CHEX SIMPLY STRAW WG	1	BAG (1)	57												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>120.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	120.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>23.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	23.0000	g	
Nutrient	Value	Units														
Food Energy	120.0000	kcal														
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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29												
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Nutrient	Value	Units														
Food Energy	129.9999	kcal														
Nutrient	Value	Units														
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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>100.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	100.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>12.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	12.0000	g	
Nutrient	Value	Units														
Food Energy	100.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	12.0000	g														

Serving Period: Snack
Date: 6/24/2019
Base Menu Plan: 4,719 SMR 2019 K-8 SNACK W1D1
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-8
Feeding Figure: 57

Stock Number	Description	Serving Size	Measure	Projected Quantity												
1387	GRAHAMS ORIGINAL	1	PKG (1)	57												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>90.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	90.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>16.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	16.0000	g	
Nutrient	Value	Units														
Food Energy	90.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	16.0000	g														

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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g

1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/25/2019 **Feeding Figure:** 57
Base Menu Plan: 4,720 SMR 2019 K-8 SNACK W1D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	57
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				14.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/26/2019 **Feeding Figure:** 57
Base Menu Plan: 4,721 SMR 2019 K-8 SNACK W1D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1461	PRETZELS HEARTS	1	BAG (1)	57
	Nutrient	Value	Units	Nutrient
	Food Energy	80.0000	kcal	Carbohydrate
				16.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 6/27/2019 **Feeding Figure:** 57
Base Menu Plan: 4,722 SMR 2019 K-8 SNACK W1D4
Menu Comments:

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Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity			
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	57			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	120.0000	kcal	Carbohydrate	21.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-8

Date: 6/28/2019

Feeding Figure: 57

Base Menu Plan: 4,723 SMR 2019 K-8 SNACK W1D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1446	CHEX SIMPLY STRAW WG	1	BAG (1)	57			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	120.0000	kcal	Carbohydrate	23.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	29			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g	

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